The Dryrot

2020-2021 Bridge

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EDITOR’S NOTE

Please submit all articles by the third day following an Executive Committee or General Membership meeting to:

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Usually as the deadline approaches for my Dryrot article, something comes up and the inspiration for the article develops. But this morning, not so much. Then as I step out in the bitter cold, inspiration strikes as I look at the frozen water in the street and in the yard.

On yesterday’s news (January 19th), it was reported that this was the 5th anniversary of John Smith’s miracle after falling through the ice in Lake in St. Louis.

Over the summer, our daughter organized a viewing of Breakthrough, the story of John Smith’s fall through the ice, at her church. In attendance was Joyce Smith, John’s adopted mother, and the Pastor who stood by her side as she prayed for a miracle and the healing that followed.

Now that I have you thinking about ice and the dangers it might pose, let’s talk about the Do’s and Don’ts of Cold-Water Boating:

- **DO** make sure everyone is wearing a life jacket
- **DO** file a float plan with someone you trust that includes details about the trip, boat, persons, towing or trailer vehicle, communication equipment, and emergency contacts
- **DO** dress properly for the weather (water temp not air temp), always wear layers, and bring an extra set of clothes in case you get wet
- **DO** use your navigation lights to alert other boaters of your presence in dark and/or foggy conditions
- **DO** catch your breath. A sudden, unexpected fall into cold water causes an involuntary gasp reflex
- **DON’T** panic if you fall into the water. Stay afloat with the help of your life jacket
- **DON’T** keep heavy boats on if you’re in the water
- **DON’T** apply heat to extremities like arms and legs of a rescued victim. This sudden change in temperature could cause cardiac arrest

And finally, remember the stages of cold-water immersion:

- **Cold Shock.** You have one minute to adjust to the cold shock response 
- **Swimming failure.** You have 10 minutes of meaningful movement to get help and get out of the water
- **Hypothermia.** You have about one hour before you become unconscious from hypothermia
- **Post-rescue collapse.** You give up and collapse after or right at the time of rescue

This cold-water boating information comes from the Safe Boating Campaign resource kit.

Stay warm and stay safe!

Commander Terry Elia, JN

“Come for the Boating Education…..Stay for the Friends”
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>March 23</td>
<td>Change of Watch. Pio’s Restaurant, 401 First Capitol Drive, St. Charles, MO 63301</td>
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<tr>
<td></td>
<td>636-946-2522</td>
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<tr>
<td>April 5 – 6</td>
<td>District 30 Spring Conference, Pella, Iowa</td>
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<td></td>
<td>Details in Dryrot</td>
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<td>May 11</td>
<td>General Membership Meeting. Chili Cook-Off &amp; Rain Gutter Regatta</td>
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<tr>
<td></td>
<td>at Bialecke’s house, 3008 DeVilla Trail, St. Charles, MO 63301. Bring your chili</td>
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<tr>
<td></td>
<td>for judging, a dish to share &amp; your cooler. No Rain Gutter Regatta</td>
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<tr>
<td>June 15</td>
<td>General Membership Meeting. Gus’ pancake breakfast. Sioux Harbor</td>
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<td>Change Location to Warden’s house.</td>
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<td>July 9</td>
<td>Off to the Races—Fairmount Park Buffet in the Black Stallion Room</td>
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<td>11:30-2:30. Post time 1:00 PM. See Flyer in this newsletter.</td>
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<td>July 18</td>
<td>Meet at Port Charles Harbor for a boat ride followed by lunch at the Boathouse.</td>
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<td>August 10</td>
<td>General Membership Meeting. Commander’s Barbecue and Rain Gutter Regatta at Elia’s</td>
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<td>house, 332 Waterford Ct., Troy, MO 63379. Bring a dish to share &amp; your cooler.</td>
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<td>September 8, 9, 10</td>
<td>Destination Social Gathering. Green Turtle Bay Resort, 265 Green Turtle Bay Drive,</td>
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<td>Grand Rivers, KY 42045. 800-498-0428. (See rate schedule on page 3.)</td>
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<td>September 13-15</td>
<td>Governing Board, Louisville, KY (details to follow)</td>
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<td>October 4—5</td>
<td>District 30 Fall Conference. Grand Lake, OK. (details to follow)</td>
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<td>October 16</td>
<td>General Membership Meeting &amp; Lunch. Blue Owl Restaurant, 6116 2nd Street, Kimmswick,</td>
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<td>MO 63053. 636-464-3128</td>
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<td>November</td>
<td>No meeting</td>
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<td>December 14</td>
<td>Christmas Party. Progressive dinner starting at Bialecke’s at 1:00 p.m. and</td>
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<td></td>
<td>continuing at Warden’s for dessert, coffee &amp; after dinner drinks</td>
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<tr>
<td>January 18, 2020</td>
<td>General Membership Meeting &amp; Election of Officers</td>
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<td>Appetizers and crafts at the Warden’s. Bring an appetizer to share. Wardens will</td>
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<td>provide all drinks. Learn how to make a wine glass lampshade for Valentine’s Day.</td>
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<td>(supplies will be provided)</td>
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<tr>
<td>February, 2020</td>
<td>Annual Meeting – Florida</td>
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<td>March, 2020</td>
<td>Change of Watch – to be determined</td>
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Throughout the year we will be having lunch at various restaurants just as a social gathering. No Power Squadron business or meeting. You will be notified by e-mail about the lunch dates.

Revised 7/11/19
St. Louis Sail and Power Squadron
General Membership Meeting and
Change of Watch

Saturday, March 28, 2020
1:00 p.m. ï 4:00 p.m.

Pio’s Restaurant
401 First Capitol Drive, St. Charles, MO 63301
636-946-2522

Please join us for our annual Change of Watch. We will gather in the Mantle Room, a private room on the second floor. If you would like to use the elevator, please ask the hostess for assistance.

We will order from the regular menu. Each person will have their own bill. Our server will also be our bartender.

Looking forward to seeing you for an afternoon of fun and fellowship while enjoying delicious food.

Please let me know by March 25th if you will attend.

marlenewarden@gmail.com  636-255-0533  314-313-9939 call or text

Thank you,

Marlene
This event was held in the very nautical surroundings of Marlene’s and Doug’s lower level on January 18th at 1:00 pm. This event was attended by 12 members. They were: Ed & Rosemary Bialecke, Pat Casey, Don Campbell, Gus & Terry Elia, Andy & Jan Minardi, Bill & Marilyn Morris, and Doug & Marlene Warden.

Rain snow and ice came through the area the day before but the day of the event was rather nice although it was a bit brisk. Everyone bought some appetizers to share with the group.

First we socialized and grazed as we admired all the nautical decorations that the Wardens have in their basement.

Commander Terry Elia then conducted a business meeting. The upcoming District meeting in Margaritaville at the Lake of the Ozarks and the upcoming National Meeting in Florida were discussed.

After the meeting we broke up into two groups. Those that wanted to discuss the history of boating over the last 75 years and those that wanted to learn to make a decorative lamp shade. Some did both. Marlene came prepared to teach us some simple tricks to make lamps for table centerpieces.

It was very enjoyable listening to the stories of “My favorite boat was… “

This was a wonderful get together of old friends.

We all look forward to the next get together at Pio’s Restaurant on March 23rd.
Marlene posing with Don Campbell holding the lamp she just showed him how to make.

Lots of old sea stories going around the table.

Squadron members learning how to make lamp shades as Doug watches.

Pat, Jan, Terry and Marilyn planning some activities.

Some making some watching.

Deep concentration.
Ed and Doug relaxing.

Ed and Don watching the workers.

Cutting the shape into the lamp shade.

Getting the knack of it now.

On behalf of the membership of the SLSPS, I would like to take this opportunity to say “Happy Birthday” to our squadron members who have birthdays celebrated in January and February. They are:

**JANUARY**

Mary Jane Williams 1/1  
William Henderson 1/11  
Dorothy Blunt 1/18

**FEBRUARY**

Kirk Morey 02/03  
Susan Kraeger 02/17  
Stephen Cupples 02/20
At the January General Membership Meeting we had our first discussion about dissolution of our squadron. The question has come up in the past during casual conversation. This was the first time it was discussed, however briefly.

Much like many other squadrons, we have lost our relevance in the boating community of the St. Louis area. Over the years it has become increasingly difficult to put together a class of students. At the same time the pool of instructors has gotten smaller and smaller.

There are many of us in the organization when we were a vibrant part of the equation for becoming a safe boater in the area. Most of us remember that first class we took, who the instructors were and how grateful we were for them to take time out of their day to teach us skills that we wanted. We remember the steps we have taken along the way, taking courses and improving our skill set. But we haven't done that in a while.

What has remained, though, is the fellowship of the friends we have made along the way. I remember the first time dissolving was raised as a question at Sioux Harbor during a "Pancake Breakfast" meeting. The quick answer was, "So long as we keep the social part of it going." No one was willing to give up on the friendships they made along the way.

No one has a timeline for when this might happen but discussions have started.

To keep the camaraderie going, tools are already in place. We have a roster and we have a newsletter. Our financial and other assets will have to be dispersed. Most of the squadrons in our district are in the same situation that we are. We do however have two squadrons that are healthy. Our financial assets will need to be disbursed. We have a district and a national organization that we can help. There are many charities, (501c3) organizations both locally and nationally that can use our help. We would probably divide up our assets among several organizations and share.

Again, we don't have a timeline for this activity but it's time to move forward.

Gus Elia
Don your shades, kick up your feet, and grab your favorite drink. Tucked away on the banks of the Lake of the Ozarks in Osage Beach, Margaritaville Lake Resort Lake of the Ozarks, (previously known as Tan-Tar-A Resort).

Make your Reservations as soon as possible as the rooms fill up fast at this great location! The rooms are in the Anchor building, two king beds at $119.00 per night plus tax and a $20 resort fee per person. There is an elevator in the main building. The meeting room will also be in the Anchor Building. There are also outbuildings where you may stay, with a golf cart shuttle onsite to take you anywhere on the resort.

Call 1-573-348-3131 and tell them you are with the District 30 United States Power Squadron America's Boating Club-Heartland.

More Details and meal reservations will be coming soon. Come Join us for some Fun and Relaxation.